

# STROKE FACT SHEET: WHAT ARE THE WARNING SIGNS OF A STROKE?

## F.A.S.T. FACE — ARMS — SPEECH — TIME



Has the persons face  
dropped?



Can the person raise  
both of their arms?



Is their speech  
slurred?



If the person has any  
of these symptoms  
call 000 immediately

## WHAT IS A STROKE?

A stroke happens when the blood supply carrying oxygen and nutrients to the brain is interrupted. When brain cells do not get enough blood, they can die at a rapid rate.

Stroke is a serious medical emergency requiring urgent medical attention, but with the right treatment at the right time, many people are able to make a good recovery.

## IN AUSTRALIA...

- There are 60,000 strokes each year – one stroke every 10 minutes.
- One in six people will have a stroke in their lifetime.
- Stroke is the leading cause of death and disability.
- Around 20% of strokes happen to people under the age of 55.
- There is over 475,000 people living with the impact of a stroke.
- 65% of stroke survivors suffer a disability which impedes their ability to carry out daily living activities unassisted.



## OUR TREATMENT OF STROKE

Every year the Rehabilitation Unit at St Vincent's Hospital treats hundreds of patients suffering from the life-changing impact of a major stroke.

Our patients require many months of physiotherapy and rehabilitative treatment before they are well enough to go home.

Together with your support we can help many more patients to receive the essential care they need to make the best possible recovery.

Support our treatment of stroke patients at [stvfoundation.org.au/stroke](http://stvfoundation.org.au/stroke)



## WAYS TO DONATE:



ONLINE

[www.stvfoundation.org.au/donate](http://www.stvfoundation.org.au/donate)

PHONE



03 9231 3365



TEXT

Text the word 'STROKE'  
to 0400 807 807 and  
follow the link to make  
secure donation from your  
smart phone