

# ST VINCENT'S *Cares*

## FOUNDATION NEWSLETTER

SPRING 2019

### CEO MESSAGE

Welcome to our Spring Newsletter and thank you most sincerely for your interest and generosity.

St Vincent's is a wonderful community of dedicated doctors, nurses, allied health professionals and researchers, all grateful to you, our loyal donors, supporters and volunteers. Together we are able to achieve great things: research breakthroughs, the purchase of new equipment to improve the lives of patients and better facilities for everyone to use when they are sick and at their most vulnerable.

I encourage you to give today and thank you for being part of this important journey.

With kindest regards,



**Lyn Amy**

CEO | St Vincent's Foundation



### Just-in-Time Project - The Aikenhead Centre for Medical Discovery (ACMD)

A major new ACMD research project is set to transform the way physicians surgically treat tumours and bone cancer. Using 3D printing, robotic surgery and improved process flows, the aim is to create tailored implants for patients with bone cancer in a shorter amount of time, which would dramatically improve healthcare outcomes.

The five-year research project is a collaboration between the Australian Government, RMIT University, the University of Technology Sydney, St Vincent's Hospital Melbourne, University of Melbourne and global medical technology firm, Stryker.

As well as cutting down the current time of four to six weeks to produce a solid implant, the custom-made, lattice-structured implant is intended to improve

long-term integration with the bone. The robotic removal of the tumour will allow for more exact margins to be achieved, thus reducing the re-occurrence rate of the tumour.

The lead researchers, St Vincent's Professor Peter Choong, RMIT's Professor Milan Brandt and the project team will use the remaining 2.5 years of the project to generate the evidence that these tailored implants will improve outcomes.

Professor Peter Choong explains that Just-In-Time 3D implants will transform the delivery of care for people with bone cancer.

"This process will expand the surgical options available to patients and surgeons and increase the potential for limb-saving surgery."



You can support our revolutionary research projects by donating to the Aikenhead Centre for Medical Discovery  
<https://www.stvfoundation.org.au/donate-acmd>

# A HEARTFELT DONATION



Ken and Gladys Watts

You can support St Vincent's Foundation by making a gift today at [stvfoundation.org.au/donate](http://stvfoundation.org.au/donate)

Ken Watts initially came to St Vincent's Hospital Melbourne from his home in Maffra for a routine heart stress test. Almost immediately he was told by his Cardiologist, A/Professor Andrew MacIsaac, to stop the test and was admitted straight into hospital for stent surgery.

Ken is proud of his family and his thriving supermarket business. Since selling the supermarket he has also been a successful share trader. This flair for buying and selling shares certainly runs in the family. Ken's great-grandfather, William Clarke, actually started the first stockbroking firm in Australia.

As well as enjoying many accomplishments and much happiness, Ken and his wife Gladys have also experienced tragedy. Suffering the loss of their much-loved son Malcolm, in his thirties, to Duchene muscular dystrophy. Through this experience and Ken's own health issues, they both understand and appreciate the importance of medical research to improve people's lives.

Ken and Gladys visited the Foundation office recently to present a cheque for \$50,000 to support the Hospital's efforts to go towards upgrading one of the emergency heart wards, known as the 'Cath Lab', which will save thousands of lives in the future.

**"All of the staff at St Vincent's are wonderful and I owe my life to A/Prof Andrew MacIsaac. I think it is really important to give back. I hope this will inspire other dads or grandads to want to help St Vincent's as well."**

## Improving patient's experience with The HeART Walk

St Vincent's Hospital is proud to host one of the longest running Arts in Health programs in Australia. The Arts Program incorporates the St Vincent's Art Gallery, the Artist in Residence Program and the St Vincent's Public Art Collection. The art collection includes more than 1500 artworks, which are on display across hospital sites for patients, staff and visitors to enjoy.

The Arts Program Manager, Monique Silk says, "Displaying art throughout the hospital creates a calm, non-clinical and welcoming environment. It provides an opportunity for people to think about something else, even for a moment, during what is often a stressful time for our patients and their families."

The Arts Program in collaboration with the Aboriginal Health Unit and cardiac nurses would like to undertake the creation of The HeART Walk. Currently the Cardiac Unit has an extensive collection of Aboriginal and Torres Strait Islander art and the team believe an art walk would inspire patients to get moving after their cardiac procedures. The HeART Walk would be a guided walking tour that they can do with staff, family or volunteers. While exercise is essential for recovery, The HeART Walk also encourages people to partake in a cultural and aesthetic experience.

Registered Nurse Karen Daws knows how much it would benefit the staff seeing everyone engaging with the art works and learning about Aboriginal and Torres Strait Islander culture.



Marlene Scerri, Gunai Clan, *Destruction of the Barka Darling River*

**"The HeART Walk would not only make walking for health more interesting, but it will also have many benefits for our patients recovering from heart attacks and surgery. By celebrating and informing all visitors about the art, we hope it will also contribute to our Aboriginal and Torres Strait Islander patients' sense of cultural safety."**

Head to [www.stvfoundation.org.au/donate](http://www.stvfoundation.org.au/donate) if you would like to support the Arts in Health Program.



## Groundbreaking diabetes research

Director, Endocrinology and Diabetes, Professor Richard MacIsaac is a leader in the area of diabetes treatment and research. Diabetes affects a staggering 5.1% of Australia's population. His main research interest is diabetes and its complications, especially those related to cardiovascular and kidney disease.

Thanks to Prof MacIsaac and his team, St Vincent's is one of only two hospitals in Australia performing pancreas islet transplants. This is a cutting-edge procedure that aims to help people with type 1 diabetes avoid major hypoglycaemic (low blood sugar level) episodes and to potentially live without daily injections of insulin.

Prof MacIsaac has been a principal investigator for numerous diabetes-related clinical trials. Recruitment is currently open for the ORACLE Study which is looking at the sleep benefits of the artificial pancreas. If you know any adults aged 60+ with type 1 diabetes using a pump who may like to be involved, they can register their interest at <https://tinyurl.com/y2vmzdjg>

Prof MacIsaac was a guest speaker at our recent Donor Thank You Lunch. These events give us the opportunity to show our appreciation to our valued donors. They are also a wonderful opportunity for us to meet and get to know some of the generous people who support St Vincent's.

If you would like to support Prof MacIsaac's research you can make a donation via **[www.stvfoundation.org.au/donate](http://www.stvfoundation.org.au/donate)**

Our next donor event will be on Monday 28th October. Numbers are strictly limited. Please book early so you don't miss out at [events@svha.org.au](mailto:events@svha.org.au) or (03) 9231 3287.



*Director, Endocrinology and Diabetes,  
Professor Richard MacIsaac*

## aSMILE approach to online mental health information



St Vincent's Mental Health – Melbourne (SVMH) has a proud history of providing innovative mental health care and services to the Victorian community.

Since 2006, SVMH has been actively involved in promoting a consumer-driven care approach to mental health. This focus has provided the direction for the creation of a new mental health information website – [www.asmile.org.au](http://www.asmile.org.au) – that was officially launched on 16th August.

The aSMILE website will provide those suffering with mental illness, their families, carers and health professionals, with a holistic and easier way to browse mental illness information and available services, including mental health diagnosis and the hospitalisation processes, based on their individual needs.

There is a wealth of information about treatment options, the medications used to treat mental illness, and management of general physical health including side effects and metabolic syndromes.

Consumers can also find practical guidance on financial, legal and employment matters.

## Dry July raises over \$40,000

We would like to say a massive thank you to everybody who donated to Dry July in 2019.

The overwhelming support we received during this campaign resulted in over \$40,000 being raised for patients being treated for cancer at St Vincent's Director, Endocrinology and Diabetes, Hospital Melbourne. **THANK YOU!**

# St Vincent's cares. Always has. Always will.

- ☒ Yes, I want to support our brilliant  
and compassionate medical staff

## I want to make

Single gift:

☐ \$500 ☐ \$250 ☐ \$50 ☐ \$25

☐ My choice \$\_\_\_\_\_

A regular gift of:

\$\_\_\_\_\_ Deducted\*

☐ Monthly

\*Your gift will be processed after the 15th of each month, and will continue unless you notify us to stop it.

## My donation details

Please debit my:

☐ Mastercard ☐ Visa ☐ Amex

\_\_\_\_ / \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Expiry: \_\_\_\_ / \_\_\_\_

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Email: \_\_\_\_\_

Date of birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_


Your date of birth helps us identify you should you need to contact us in the future.

**Please return this completed form to:**  
**Reply Paid 65162, Fitzroy VIC 3065**

## Other ways to donate

 [www.stvfoundation.org.au/donate](http://www.stvfoundation.org.au/donate)

 (03) 9231 3365

 Cashiers or to the  
St Vincent's Foundation Office  
Ground Floor, Rear, 55 Victoria Parade  
(next to Courtyard 55 Café)

 Text the word 'DONATE' to 0400 807 807

All donations of \$2 or more are tax deductible. ABN: 22 052 110 755

**Please contact me as:**

- ☐ I would like to include St Vincent's in my Will  
☐ Keep me updated on future news and events  
☐ Do not send me future St Vincent's  
Foundation communications

The Foundation is compliant with the Australian Privacy Principles.  
Please visit [www.stvfoundation.org.au](http://www.stvfoundation.org.au) to view the Foundation's  
Privacy Policy.

# Include a Gift

Gifts in Wills are a way of providing vital support without affecting your current financial circumstances.

By including St Vincent's Hospital in your Will, you play an important part in contributing to the hospital's future. A future where medical research, specialised equipment and state-of-the-art facilities provide the highest level of care to people in need.

We would love to hear from you.

Please send me:

- ☐ Information on how I can include St Vincent's Hospital in my Will
- ☐ I have already included a gift in my Will to St Vincent's Hospital

**For more information please contact Sue Worland, Donor Relations Officer, on (03) 9231 3363 or email [sue.worland@svha.org.au](mailto:sue.worland@svha.org.au)**



**ST VINCENT'S  
FOUNDATION**





*Committee members Anthony Rebesco, Pam Lamaro, Oriano Salvalaggio (Chair) and Adrian Williams*

## LOCAL COMMUNITY SUPPORTS WERRIBEE PRIVATE HOSPITAL

The Werribee Capital Campaign Committee recently hosted a Long Table Dinner. Guests enjoyed a delicious dinner and an inspiring and informative speech by leading Werribee Private Hospital Oncologist Dr Bhaumik Shah about the advancements in Oncology treatments that are now being offered to the community of Wyndham.

The Chair of the Committee, Ori Salvalaggio says, "the local community are extremely passionate about St Vincent's Private Hospital Werribee because it's not just for the community today, but it's also for their children and grandchildren."

**"IT IS A GREAT PRIVILEGE TO WORK WITH SUCH WONDERFUL FRIENDS AND COLLEAGUES TO RAISE FUNDS FOR SPECIALISED EQUIPMENT FOR OUR NEW LOCAL PRIVATE HOSPITAL, HELPING US TRANSFORM HEALTH CARE IN THE WEST."**

## Perfect conditions for Run Melbourne

More than 20,000 eager people took to the streets of Melbourne on Sunday 28th July for the 2019 Run Melbourne event. Participants were treated to perfectly dry conditions to tackle the half marathon, 10km and 5km events. The St Vincent's Hospital Foundation team had a strong presence in each of the distances.

This was the first time we were involved in Run Melbourne and we had such a great time that we're planning to do it all again next year! We would love to hear from you if you would like to join in or sponsor the team. Email us at [events@svha.org.au](mailto:events@svha.org.au)

Many thanks to everybody who raised money for The Good Samaritan Fund. Through this fundraising we can continue to provide emergency aid to St Vincent's Hospital patients and their families who are experiencing hardship.



## CALENDAR OF EVENTS

**For more information about any of our events please contact our Events Manager Rebecca Martin on (03) 9231 3287 or 0410 865 176**

**Free Will Seminar - Tuesday 15th October**

**Donor Lunch**

Limited numbers - book early to confirm your attendance Monday 28th October

**Jewellery Fair - St Vincent's Hospital Melbourne Foyer**

Monday 11th to Friday 15th November

**Save the date - Donor Thank You Christmas Lunch**

Wednesday 4th December

**Making or adjusting your Will is easier than you think...**

Come along to hear from an expert lawyer, Malcolm Campbell, on how to create a Will.

It's time to consider your Will when you:

- Marry
- Divorce
- Birth of children / grandchildren
- Sell or buy property
- Powers of attorney, need appointing
- Superannuation

A new Will provides you with peace of mind.

Please join us for a **FREE Will Seminar - Tuesday 15th October from noon to 1pm.**

RSVP is essential. Please contact Sue Worland (03) 9231 3363 or [sue.worland@svha.org.au](mailto:sue.worland@svha.org.au)



## CHECK OUT OUR FOUNDATION WEBSITE

To donate easily, start your own fundraising event and keep up to date with the latest hospital news and events, visit: [www.stvfoundation.org.au](http://www.stvfoundation.org.au)

