

# St Vincent's *Cares*

FOUNDATION NEWSLETTER

SPRING 2020



## Love Your St Vincent's

Now is the time to say thank you and give back.

Love Your St Vincent's.

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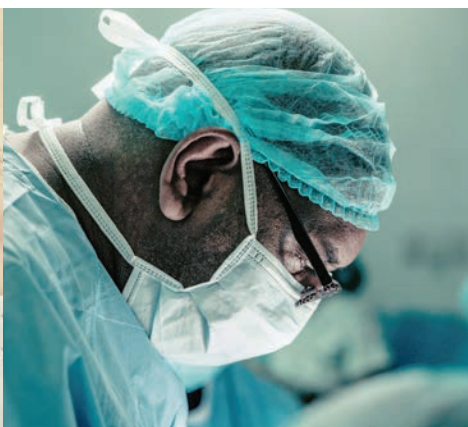
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ST VINCENT'S  
FOUNDATION

# Introducing the Love Your St Vincent's Giving Campaign



**Love Your  
St Vincent's**

This year has seen our staff face unprecedented challenges, working tirelessly to save lives during the coronavirus crisis.

We invite members of the community to join us in acknowledging our staff and their amazing efforts and share why you **Love Your St Vincent's**.

The Love Your St Vincent's Giving Campaign is an opportunity for all members of the community to come together and celebrate the care and dedication of our nurses, doctors, staff and volunteers who work right across St Vincent's health services.

At the heart of St Vincent's is our mission of love and service, inspired by the Sisters of Charity who established our first hospital in Victoria over 125 years ago.

This commitment to medical brilliance and compassionate care is experienced every day throughout our health services. Whether you are attending as a patient or visiting someone you love, you will witness the exceptional and loving care our staff provide.

Please donate today and share a message of support for our staff to show why you **Love Your St Vincent's**.

With kindest regards,



**Lyn Amy**  
CEO | St Vincent's Foundation





A patient wearing the SureflO2 Flow Indicator Oxygen Mask.

**St Vincent's Hospital Melbourne anaesthetist, Dr Matthew Matusik has invented an innovative oxygen mask that is set to be used in hospitals around the world.**

Dr Matusik spent eight years perfecting the 'SureflO2 Flow Indicator Oxygen Mask'. The main use of the mask is to confirm the presence or absence of oxygen flow just by looking at it.

## St Vincent's anaesthetist invents new oxygen mask

*"In the operating room, anaesthetists don't have to lift the mask off the patient's face and listen for hiss, which is a static check. They can simply look at the indicator, which can be seen from nine metres away, to see whether oxygen is flowing,"* Dr Matusik said.

St Vincent's Hospital Melbourne Director of Anaesthesia, Professor David Scott said you can have a situation of transferring a patient at the end of their anaesthesia to the recovery room, where they need oxygen and oxygen is not flowing correctly.

*"That's the thing Matthew has picked up on. In this new COVID-19 era, we don't want excess oxygen flowing through a face mask, which billows out from the sides and creates what we call plumes. If the patient has COVID-19, that plume could contain infectious material,"* Professor Scott said.



SureflO2 Flow Indicator Oxygen Mask inventor, Dr Matthew Matusik.

The TGA-approved invention has been trialled and rolled out at St Vincent's with Dr Matusik generously donating the first 2000 masks.

*"I've been at St Vincent's since I was in med school, which is why I wanted the first worldwide launch of this new technology to be at St Vincent's,"* Dr Matusik said.

## St Vincent's private hospitals provide vital support

**St Vincent's private hospitals have acted swiftly to provide significant support during the pandemic.**

Nurses from East Melbourne and Werribee hospitals have begun to care for aged care residents. At the same time, the Fitzroy team has collaborated with St Vincent's Hospital Melbourne to provide care for some of their most acute patients. And in response to the Department of Health's and other health facilities' call out for support, staff at Kew have put their hands up to help out during the state of disaster.

*"We are all so proud of our nurses' integrity, professionalism and compassion for our patients, their families and one another. We support you, we admire you, we thank you and together we will win this battle,"* said Regional Chief Executive Officer, St Vincent's Private Hospital Melbourne, Janine Loader.



After six long weeks in the East Melbourne hospital, 100-year-old COVID-19 survivor Roy is heading back to his aged care facility.



# St Vincent's leads new charge in Victoria's fight against COVID-19



St Vincent's has welcomed patients at its newest hospital to help manage the escalating demand on Victoria's healthcare system caused by the COVID-19 pandemic.

The Victorian Government called on St Vincent's Hospital Melbourne (SVHM) earlier this year to recommission the former Peter MacCallum Cancer Centre, in East Melbourne, as part of a concerted effort to render extra medical support during the State's growing health crisis.

As a result, St Vincent's Hospital on the Park (SVHP) was developed to offer surge response by providing

care for some of SVHM's lower-acuity patients.

SVHM CEO Angela Nolan says the strategic move has freed up more beds to treat COVID-positive patients at St Vincent's main Fitzroy site, putting the public hospital in an even stronger position to offer ongoing care for those who need hospital and critical-response attention.

## Love Your St Vincent's

*"I am fortunate to work alongside brilliant and compassionate clinicians, and committed hospital support staff. I see firsthand how much our staff and our patients truly do love St Vincent's. Patients talk often about feeling like part of the family; staff go out of their way to create this experience."*

St Vincent's  
Hospital  
Melbourne CEO,  
Angela Nolan



*"St Vincent's is at the forefront when it comes to delivering healthcare and now, through St Vincent's Hospital on the Park, we are extending that care even further in a time when our community needs it more than ever,"* Ms Nolan said.

## Two very special reasons to celebrate



Yesha and Mayank with their son Mishaay.

July 15 will always be a very special day on the calendar for one of our St Vincent's Private Werribee Hospital families.

Not only did Yesha and Mayank welcome the arrival of their gorgeous son Mishaay, but, less than three hours earlier, they were completing their commitment pledge via Webex to gain their Australian citizenship. All from the birthing suites in Werribee!

A sudden change in birth plans and a delay from the immigration department, meant Yesha and

Mayank became Australian citizens mid-labour! A special day indeed and one they will always remember.

*"Thanks to Claire and Azure, our midwives and our Doctor Sujata, who helped us in the entire scenario and celebrated our citizenship with us,"* Yesha and Mayank said.

# COVID-19 patient gives thanks

The Mandarano family know firsthand the harsh reality of the impacts of COVID-19, with it spreading throughout the family and 11 members contracting the virus. Luckily the majority of those infected only experienced mild symptoms, but Betty and her father weren't so fortunate.

Betty's father, was undergoing cancer treatment and therefore had a weakened immune system. Sadly he passed away from COVID-19 in July.

Betty, who is an asthmatic, was also severely affected. After struggling to breathe, an ambulance was called. She was rushed to St Vincent's Hospital Melbourne where she spent the next month in the Intensive Care Unit; much of the time in an induced coma.

Betty recalls the impacts of COVID-19.

*"Breathing was almost impossible, I had a fever and I was so weak I couldn't stand or walk. It also affected*

*my right hand. I couldn't close it properly and I have a bit of nerve damage."*

The Mandaranos are an extremely close family. Due to the COVID-19 restrictions, they were unable to visit their mum while she was in hospital.

Betty's son Anthony said, "It was really hard that we couldn't visit Mum but the staff were there for us during this challenging time. The doctors were so caring, going above and beyond. Everyone was absolutely amazing. My family would call several times a day for updates and they always made us feel so supported during this very scary time."

Pastoral Care team member, Anni, became a particularly important support for Betty. Especially during the dark days when she was grieving for her father, whose funeral had to go ahead while she was in hospital.

Anthony said, "Anni regularly visited my mum. She would stay by my mum's side and be her family for us. And she would call often to give us regular updates."

## Love Your St Vincent's

*"We love St Vincent's because they saved my mum's life. We will be forever grateful."*

**Anthony Mandarano**

After six weeks in hospital, Betty is thankfully back home and recovering well. Every day her strength improves and she is slowly regaining movement in her affected hand.

Anthony said, "We love St Vincent's because they saved my mum's life. We will be forever grateful."

Because of the great care Betty received, her family felt inspired to show their thanks. They have created a fundraising page on St Vincent's Foundation's website to raise money for the hospital.

**If you would like to donate go to:**  
**<http://bit.ly/mandaranofamily>**

## Community fundraisers

**Do you want to create your own community fundraiser just like the Mandarano family did?**

Maybe you're celebrating a birthday, anniversary or special date? Why not ask your friends and family to give to St Vincent's in lieu of gifts? You could also create a tribute page to remember and celebrate the life of a loved one.

Do things your way to help St Vincent's Hospital make a difference.



The Mandarano family have created a community fundraiser to say thank you for the care their mum received.

Head to <https://www.stvfoundation.org.au/fundraise/special-occasion> to create your very own page today.



## Introducing ACMD to Australia's philanthropic community



Chair of the ACMD Philanthropy Council,  
Mr Clark Morgan.

Mr Clark Morgan has been appointed Chair of the ACMD Philanthropy Council. The Council will play a lead role in inspiring key members of Australia's philanthropic networks to become involved in this bold initiative to create the first hospital-based, world-class healthtech innovation centre in Australia.

Clark has built a reputation as a respected leader in the wealth management and investment banking sectors and is Vice Chairman and Head of Strategy and Development, at Crestone Wealth Management. Clark was a member of the Executive Boards of both McIntosh Securities and Merrill Lynch Australia. Clark joined UBS Wealth Management in 2001 – where he spent 15 years in roles including Managing Director, CEO and Vice Chairman.

Clark is joined by an eminent group of Council members who are committed to bringing ACMD to life.

We are delighted to the launch the new ACMD website.

Please visit [www.acmd.org.au](http://www.acmd.org.au)

## Unique opportunity to leave a lasting legacy

**The redevelopment of Caritas Christi Hospice in Kew is well underway.**

The naming of buildings, facilities and grounds for people and organisations that have contributed to the community is an honoured tradition and St Vincent's Hospital has, since its opening, named and

recorded significant developments and individuals.

The rebuilding of the Caritas Christi Hospice is a rare opportunity for families, individuals and organisations to leave a lasting legacy.

This unique contribution creates a commemoration that is highly visible and enduring. The embrace of the

community, represented in this way, will enrich the lives of those being cared for at Caritas Christi, at a vulnerable time in their lives.

We hope you will consider taking up this exclusive naming rights opportunity to make a lasting legacy at one of Melbourne's most cherished care facilities.

**For further information, please contact:**

**St Vincent's Foundation CEO, Lyn Amy | M: 0417 158 953 | E: [lyn.amy@svha.org.au](mailto:lyn.amy@svha.org.au)**



An artist impression of the  
Caritas Christi redevelopment.

# A clever way to create inclusion

St Vincent's Private Hospital East Melbourne nurse, Elissa explains how since the COVID-19 lockdown, aged care residents have been transferred to the hospital.

Elissa said when she started caring for aged care residents on her ward, she went to her grandmother's house.

*"She gave me a whole pile of Greek magazines that I could give to our Greek patients to have something to read. I then purchased some reading glasses for one of our residents, Panagiota, because she didn't have any and wasn't able to read."*

The patients really enjoyed the magazines, so Elissa collected the Greek newspaper – Neos Kosmos from her grandma as well.

This got her thinking that it would be great to be able to give the Greek patients a regular supply of the newspaper. Her dad volunteered to call the paper who generously agreed for 10 newspapers to be donated each day they are published.



St Vincent's Private Hospital East Melbourne nurse, Elissa with aged care resident, Panagiota.

*"Panagiota is just beautiful, she reminds me so much of my grandmother. She's kind, caring and a bit cheeky. I was hesitant about working on this ward but I have learnt to love it. I love going in and working with*

*a great team of nurses that has come from all sorts of departments across St Vincent's Private Hospital and I really look forward to going into see my Greek patients,"* Elissa said.

## Love Your St Vincent's

*"The Cardiology Department at St Vincent's Melbourne leads the way in Australia in the treatment of complex cardiac cases. I love working with our brilliant cardiology team, saving many lives each year."*

Associate Professor Andrew MacIsaac, Head of Cardiology

# Mental Health Crisis Appeal

The pandemic has placed a huge demand on our mental health programs, our mental health nurses, our psychologists and our psychiatric staff.

In response to this increased need, we conducted a Mental Health Crisis Appeal to raise funds to support these vital services.

We would like to thank everyone who supported this Appeal.

As a part of the Appeal, St Vincent's Hospital, Melbourne's Chair of Psychiatry, David Castle produced a series of *Coping during COVID* videos.

Visit [www.stvfoundation.org.au/mental-health-appeal](http://www.stvfoundation.org.au/mental-health-appeal) to view the campaign and watch David's videos.



St Vincent's Hospital, Melbourne's Chair of Psychiatry, David Castle.



## St Vincent's Foundation wins fundraising award

St Vincent's Hospital Melbourne, Emergency Appeal has been awarded first place in a major Australian and New Zealand peer-reviewed fundraising and philanthropy award.

This campaign raised almost \$2 million for much needed hospital equipment and was awarded top marks for innovation, creativity and effectiveness.

The campaign results are a great credit to the generosity and commitment of the St Vincent's community of supporters.



## A truly honoured gift

At St Vincent's, we are truly grateful when one of our supporters includes a gift in their Will. Many people are so appreciative of the care they or their family have received that they honour the organisation with a gift that will help many patients in the future.

If we know during someone's lifetime, that they have included St Vincent's in their Will, we are then able to stay in touch with them and keep them up to date with the latest news. They become part of a really special and respected group of supporters.

If you have included St Vincent's in your Will, please tell us so we can say *THANK YOU*.

Contact Sue Worland on 03 9231 3363 or [sue.worland@svha.org.au](mailto:sue.worland@svha.org.au)

## UPCOMING EVENTS

### St Vincent's Foundation Webinar Series

We are delighted to launch our Webinar Series. Every month we will feature a St Vincent's Hospital specialist who will present on their area of expertise. There will also be a question and answer session, giving you the chance to discover everything you want to know about each topic.



### Webinar Series Registrations Open

#### October Webinar

##### Sleep in the time of COVID-19

Dr Andrew Kyoong  
Director of Sleep Medicine, St Vincent's Hospital Melbourne Department of Respiratory and Sleep Medicine

**12 noon – Wednesday 28 October**

Register to secure your place:  
<https://www.stvfoundation.org.au/get-involved/webinars>

## Register for our FREE WILL PLANNING WEBINAR

**12 noon – Thursday 12 November**

There are many myths surrounding drafting your Will, such as 'I don't need a Will, because I don't have any major assets.'

You might not own any property but what about shares, superannuation or life insurance? What about any sentimental treasures or jewellery?

We'll dispel the myths and provide some clarity at our Will Planning Webinar on Thursday 12 November.

**REGISTER TO SECURE YOUR PLACE:**  
[www.stvfoundation.org.au/event/will-planning-webinar](https://www.stvfoundation.org.au/event/will-planning-webinar)